

# PREVENTION

IDAHO CHILDREN'S TRUST FUND NEWSLETTER

## ICTF network members become Stewards of Children

Several recent highly publicized events across Idaho have raised the public awareness of child sexual abuse. To help concerned adults learn how to prevent and respond to child sexual abuse, six members of the Idaho Children's Trust Fund (ICTF) network recently attended a *Stewards of Children* training program.

ICTF Executive Director Nancy Hausner said, "The *Stewards of Children* program is the best curriculum I've come across for educating adults about preventing child sexual abuse." Hausner, along with five volunteers from across Idaho, have successfully completed training to teach the *Stewards of Children* curriculum.

*Stewards of Children* is a curriculum developed by Darkness to Light that educates adults to prevent, recognize, and react responsibly to child sexual abuse, and motivates them to courageous action. Darkness to Light is an organization dedicated to shifting responsibility for preventing child sexual abuse from children to adults; reducing child sexual abuse nationally through education and public awareness aimed at adults; and providing adults with information to prevent, recognize and react responsibly to child sexual abuse.

The *Stewards of Children* program is designed for organizations and corporations that serve children and youth, but is appropriate for all responsible adults who are concerned about keeping kids safe from sexual abuse. The curriculum can be used to train staff and volunteers in the prevention of child sexual abuse, make a difference in your community by educating adults about the protection of children, and respond to insurance requirements regarding child protection.

The video or DVD based training program includes segments of sexual abuse survivors relating their stories of violation and healing as well as input from professionals and the author of the curriculum. Each participant receives a workbook and the opportunity to join in the discussion about important issues in sexual abuse prevention. After training participants will understand:

- The facts of child sexual abuse – incidence rates and effects on individuals and society
- How child sexual abuse happens
- That adults are responsible for the protection of children
- The importance of screening staff/volunteers who work with children and adolescents
- The importance of a well conceived one-adult/one-child policy
- Resources to react responsibly to incidents of child sexual abuse
- The proactive role youth-serving organizations need to take to protect children and educate their communities about child sexual abuse.

Please contact Nancy Hausner if you are interested in scheduling a *Stewards of Children* training in your community. Email [hausnern@idhw.state.id.us](mailto:hausnern@idhw.state.id.us) or call (208) 386-9317.

#### Recommended Reading:

Identifying Child Molesters: Preventing Child Sex Abuse by Recognizing the Patterns of the Offenders (2001) by Carla van Dam

Predators, Pedophiles, Rapists, & Other Sex Offenders: Who They Are, How They Operate, and How We Can Protect Ourselves and Our Children (2003) by Anna Salter

Sexual Abuse in America: Epidemic of the 21st Century (1998) by Robert Freeman-Long and G. Blanchard

The Stop Child Molestation Book: What Ordinary People Can Do in Their Everyday Lives to Save Three Million Children (2001) by Gene Abel, M.D. and Nora Harlow

Protecting Idaho children from abuse and neglect.

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# Idaho Children's Trust Fund Designated Prevent Child Abuse Idaho Chapter

The Idaho Children's Trust Fund (ICTF) has been designated the Prevent Child Abuse (PCA) Idaho Chapter. "Partnering with Prevent Child Abuse America will allow the ICTF to extend networks, to increase access to research and media campaigns and to support local communities to address the well-being of children in ways that work within their area," said Executive Director Nancy Hausner.

Since 1972, Prevent Child Abuse America has led the way in building awareness, providing education and inspiring hope to everyone involved in the effort to prevent the abuse and neglect of our nation's children. Working with chapters in 39 states and the District of Columbia, PCA provides leadership to promote and implement prevention efforts at both the national and local levels.

ICTF, the lead agency in the state for child abuse and neglect prevention, will further its efforts by forming and supporting PCA Idaho chapters in all seven regions of the state. These chapters will be regional child abuse prevention coalitions comprised of parents, volunteers, professionals and concerned citizens working together to meet the needs of their communities and region.

ICTF Board Chair Lynn Miner said, "We want the coalitions to raise awareness and support projects that let people know abusing a child is never ok, and where to go for help in raising healthy families. None of us can be a good parent alone. We all need the support of our families, friends and communities to do the best job we possibly can."

If you are interested in starting or being involved with a regional Prevent Child Abuse Idaho coalition please contact the Idaho Children's Trust Fund at (208) 386-9317 or [howerm@idhw.state.id.us](mailto:howerm@idhw.state.id.us) or [hausnern@idhw.state.id.us](mailto:hausnern@idhw.state.id.us).

## Idaho Children's Trust Fund announces 2005-2006 grants and changes in funding program

Parenting education, preventing shaken baby syndrome, educating new parents on how to soothe their infant, supporting fathers and meeting the specific parenting needs for parents of children with disabilities are just a few of the 22 programs receiving 2005 ICTF Multi-Year or Mini Grant funds. Each of these programs will support parents and prevent child abuse in unique ways. This year, the ICTF restructured its granting process by awarding funds to not only 16 one-year projects but to 6 three-year programs as well.

According to ICTF Grants Manager, Margaret Hower, these multi-year programs have some specific goals, including sustainability. "Over the next three years, these six programs will work to attain short, medium and long term outcomes related to preventing child abuse and neglect. ICTF staff will work extensively with each of these organizations to assist them in achieving sustainability over the three year grant period."

Margaret Hower states that "ICTF Mini Grants fund small projects that make a big difference in their communities. These grants are easy to apply for, easy to report on and allow agencies to address specific areas of need within their programs and communities."

But how do these grants impact the programs' participants? After participating in a home visiting program for high-risk families, one dad gave this feedback; "I am a single dad and was abused as a child by my dad. My mom left us when I was seven. When I had my son I knew I did not want to be like my dad, but didn't know how to be a dad and how to discipline. Now I have so many ideas and feel like I can really do it. I have so many ideas and someone that supports me."

ICTF Mini Grant applications for the next funding cycle will be available on the Idaho Children's Trust Fund website in January 2006. (See next page for grant information.)

MULTI-YEAR GRANTEES		
<i>Agency Name</i>	<i>Location</i>	<i>Program Name and Purpose</i>
Shepherd's Home, Inc	McCall	The Parenting Partners program will offer respite care to parents, parent education classes, parent newsletters and resource information for parents.
Help, Inc. Child Abuse Prevention Center	Idaho Falls	El Valor de Los Padres – English as a Second Language (ESL) classes will be offered with the content centered on parenting education. This program will also offer support services and home visiting to Spanish-speaking families.
The Panhandle Health District	Coeur d'Alene	This high-risk infant toddler home visiting program involves experienced public health nurses visiting families, supplying parenting information, answering questions, and supporting families to meet their needs.
The Young Children & Family Programs of the Palouse	Moscow	In this High Risk Parent Education program, education, home visits and support services are offered to families with children up to age 13.
Families Together for People with Disabilities	Moscow	In conjunction with the Nez Perce Tribe, the Native American Parent Education Project assists parents in dealing with children with disabilities and severe behavior disorders.
Open Arms Baby Boutique	Nampa	This incentive and educational program is designed to insure early and regular prenatal care and self-sufficiency for low-income women.

MINI (ONE YEAR) GRANTEES		
<i>Agency Name</i>	<i>Location</i>	<i>Program Name and Purpose</i>
Gritman Medical Center/ FIRST STEPS Program	Moscow	FIRST STEPS is a nationally recognized child abuse prevention program offering parenting support, education and referral resources to all parents.
ICARE, Children & Family Advocacy Center/ Love & Logic Parenting Classes	Coeur d'Alene	Love & Logic Parenting Classes will be offered in the rural areas of Athol, Hauser, Post Falls, Rathdrum and Spirit Lake.
Parents Reaching Out to Parents/ Abuse & Neglect Awareness Program for High Risk Families	Coeur d'Alene	This project will help families of children with disabilities be aware of the many types of abuse and neglect that take place in their day-to-day living. Groups for family members will provide support and enhance the community resources and services that are available.
Family Advocate Program/CASA Training for Volunteer Attorneys	Boise	This project will train attorneys about the Child Protection System (CPS) in order to recruit volunteer attorneys for the Court Appointed Special Advocate (CASA) Program.
Idaho's Heart/Idaho Child Abuse Prevention Coalition Blue Ribbon Campaign	Boise	This project will fund the Blue Ribbon Campaign during April; National Child Abuse Prevention Month. The blue ribbon will be attached to a card explaining the significance of the ribbon and tips for addressing child abuse.
Neighborhood Housing Services/ Homeward Bound	Boise	NHS will purchase a curriculum for parenting classes for its Homeward Bound families. Homeward Bound provides transitional housing and supportive services to homeless and at-risk families. A key component of the program is providing parents with the skills and resources they need to raise healthy children.
Jackie Matlick/Facilitator Training for the Nurturing Parenting Program	Boise	This project will provide facilitator training to prepare trainers for the Nurturing Parenting Program. The Nurturing Parenting Program is a research-based child abuse prevention parent education and family skills training.
St. Michael's Episcopal Church/ Promoting Maternal Mental Health During Pregnancy: Community Collaboration & Training	Boise	This will fund a program of training for professionals and paraprofessionals who work with pregnant women, infants and families at Baby Steps and partner agencies, focusing on maternal mental health.
Magic Valley Regional Medical Center/ NuParent Developmental Program	Twin Falls	This project will expand NuParent services to the Hispanic community in collaboration with South Central Head Start/PAT Programs.
Donna Stalley & Kathy Waggoner/ Teaching Nurturing Parenting Skills to Families	Buhl	The Nurturing Parenting Program provides training on developmental expectations, empathy, behavior management and self-awareness in order to encourage appropriate behaviors. The facilitators will hold classes for high-risk families in the Buhl area.
St. Luke's Center for Community Health/Familias Saludables (Healthy Families)	Hailey	The project provides free parenting education and resources to Spanish speaking persons in the Wood River Valley through parenting classes and an annual health fair.
South Central Head Start/ Nurturing Fathers	Twin Falls	The Nurturing Fathers Program will be offered to Head Start dads and the community in order to cultivate and support male nurturance for children and reduce child abuse. One session will be for Spanish speakers, and all attendees will receive one CSI college credit.
Aspen Center Rehabilitation & Counseling/The Parent Project	Driggs	Parent Project helps parents reduce family conflict, set more effective limits and apply appropriate consequences.
Family Safety Network / Baby & Me for Young Moms y Madres Latinas	Driggs	Baby & Me is an educational support group providing knowledge to new mothers about how to physically and emotionally care for their babies. Sessions will be offered in both English and Spanish.
Franklin County Medical Center/ Shaken Baby Prevention Program	Preston	This project will address Shaken Baby Syndrome through early education of new and soon-to-be parents.
Head Start/Second Choices: Systems & Tools for Working with Children & Blended Families	Pocatello/Chubbuck	This is a two-day symposium with the objective of making area agencies and parents aware of the unique needs of stepfamilies, as well as the enormous number of families with these needs.

**Idaho Children's Trust Fund is supported by a federal grant and private donations.  
We do not receive any state general funds. Please help prevent child abuse.**

\_\_\_\_ Yes, I want to help prevent and respond to child abuse! Enclosed is my donation of

\_\_\_\_ \$25    \_\_\_\_ \$50    \_\_\_\_ \$100    \_\_\_\_ \$250    \_\_\_\_ \$500    \_\_\_\_ Other \_\_\_\_\_

\_\_\_\_ Please send me more information on the Idaho Children's Trust Fund



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone(s) \_\_\_\_\_ E-mail \_\_\_\_\_

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